

EGG SPECIALTIES

Served with home fries and toast. Substitute pancakes +4.25
Substitute gluten free or organic sprouted grain toast +1.95

TWO EGGS ANY STYLE 9.45

Add choice of one:
Bacon, Ham, Sausage, Taylor Ham +5.50
Turkey Sausage, Turkey Bacon +6.50
Canadian Bacon +6.50

CORNEBEEF HASH & EGGS

Slow-cooked corned beef, diced potatoes, and onions, topped with two eggs any style 17.45

NEW LATIN STEAK & EGGS

Angus ribeye steak topped with sautéed peppers and onions, two eggs any style, rice & beans (or home fries), sliced avocado, and maduros 32.45

NEW PROTEIN POWER SCRAMBLE

3 eggs scrambled with cottage cheese inside served with turkey sausage links, black beans, and sliced avocado 16.45

COUNTRY BREAKFAST

Two eggs any style served with bacon strips, sausage link, and Virginia Ham 17.45

STEAK & EGGS

Angus ribeye steak topped with two eggs cooked to your liking 28.45



LIGHT START

CITY OATMEAL

Oatmeal topped with sliced strawberries, blueberries, and toasted slivered almonds 11.45

COUNTRY OATMEAL

Oatmeal topped with dried cranberries and walnuts 11.45

CLASSIC ENERGY BOWL

Fage Greek yogurt, seasonal fruit, granola, and honey 13.45

HONEY WALNUT BOWL

Fage Greek yogurt, honey, and walnuts 12.45

FRESH FRUIT BOWL

An assortment of seasonal fruits and berries 11.45

BOWL OF BERRIES

Strawberry, blueberries 12.45

BANANA BREAD BOWL

Fage Greek yogurt, banana bread, strawberries, honey, and walnuts 13.45



BAKED GOODS

CROISSANT 4.25 | DANISH 4.25

CORN MUFFIN 3.45 | BRAN MUFFIN 3.45

BLUEBERRY MUFFIN 3.45 | POUND CAKE 4.45

BANANA NUT BREAD 5.45

NEW BUTTERMILK BISCUITS 4.45 | ENGLISH MUFFIN 2.75

TOASTED BAGEL W/ BUTTER 2.75

With cream cheese +2.00

GLUTEN-FREE MULTIGRAIN TOAST 4.45

ORGANIC SPROUTED GRAIN TOAST 4.45



Danish

Croissant

FRENCH TOAST

Hand dipped daily in our classic french toast recipe. Served with warm syrup and butter. Substitute Vermont maple syrup +2.95

CLASSIC FRENCH TOAST

Dusted with powdered sugar 11.45

BANANA NUTELLA FRENCH TOAST

Layered with sliced banana and drizzled with Nutella 18.45

OREO FRENCH TOAST

Layered with sweet Oreo cookie icing topped with crushed Oreo cookies and drizzled in vanilla sauce and chocolate sauce 18.45

GLUTEN-FREE FRENCH TOAST

Udi's delicious gluten free multigrain bread dipped in our classic French toast batter and griddled fresh for you 14.45



Banana Nutella French Toast

French Toast Tiramisu

HEALTHY FRENCH TOAST

Our gluten-free French toast topped with fresh strawberries, blueberries, and oven toasted almond 18.45

FRENCH TOAST TIRAMISU

Layered with sweet mascarpone filling, strawberries, bananas, raspberry sauce 18.45

TENAFLY EGG PLATTERS



Cuban Breakfast

ORIGINAL AVOCADO TOAST

Organic sprouted grain, two poached eggs, salsa, spring mix 17.45

GREEK SCRAMBLE

Feta, beef gyro, tomatoes, onions, pita, tzatziki sauce, Greek fries 17.45

HUEVOS RANCHEROS

Two fried eggs, chorizo, ranchero sauce on corn tortillas, home fries 16.45

CUBAN BREAKFAST

Two eggs any style, chorizo, sliced avocado, fried sweet plantain, rice, black beans 18.45

SHORT RIB HASH AND EGGS

Two eggs any style, slowly braised angus short rib, caramelized onions, peppers & mushrooms, home fries 21.45

PANCAKES

Made from scratch daily using our buttermilk pancake recipe. Served with warm syrup and butter. Substitute Vermont maple syrup +2.95

BUTTERMILK PANCAKES

Our made from scratch buttermilk pancakes griddled fresh for you and dusted with powdered sugar 11.45

STRAWBERRY NAPOLEON PANCAKES

Our pancakes with sliced strawberries baked inside smothered with sweet mascarpone filling topped with more strawberries and a rich Nutella drizzle 16.45

CHOCOLATE CHIP PANCAKES

Loaded with chocolate chips, topped with fresh whipped cream, more chocolate chips, and chocolate drizzle 14.45

CHUNKY MONKEY PANCAKES

Loaded with sliced bananas and chocolate chips, topped with more banana, more chocolate chips, and a rich Nutella drizzle 16.95

OREO PANCAKES

Loaded with crushed Oreos, topped with fresh whipped cream, more Oreos, and chocolate drizzle 13.45

WAFFLES

Made from scratch daily served with warm syrup and butter. Substitute Vermont maple syrup +2.95

BELGIAN WAFFLE

Dusted with powdered sugar 11.45

FRUIT & NUTELLA WAFFLE

Strawberries, bananas, whipped cream, nutella drizzle 16.95

BANANA WALNUT WAFFLE

Loaded with bananas, walnuts 14.95

FRIED HALF CHICKEN & WAFFLE

Fried chicken over a giant belgian waffle 21.45

Texas Breakfast Bowl

CALI SCRAMBLE

Sliced grape tomatoes, cheddar-jack cheese, avocado, served with multigrain toast, spring mix, salsa, sour cream 16.45

EGGS BENEDICT

Poached eggs, Canadian bacon, hollandaise sauce, on toasted English muffin 15.45

TEXAS BREAKFAST BOWL

Scrambled eggs, ham, peppers, onions, sharp cheddar, over home fries, salsa, jalapeño, sour cream, served with flour tortillas 17.45

CALIFORNIA SKILLET

Home fries, onions, mushrooms, sausage, avocado, sharp cheddar cheese, hollandaise sauce, 2 baked eggs served with English muffin 16.45

VEGGIE BREAKFAST SKILLET

Home fries, spinach, mushrooms, red onion, quinoa, ranchero sauce, 2 baked eggs served with English muffin 16.45

ADD CHOICE OF ONLY ONE:

Bacon | Ham | Sausage | Taylor Ham +5.50

Turkey Sausage | Turkey Bacon +6.50

Canadian Bacon +6.50



Chunky Monkey Pancakes

FUNFETTI PANCAKES

Our buttermilk pancakes with rainbow sprinkles baked inside, topped with a slice of our famous funfetti cake, fresh whipped cream, and more sprinkles. Breakfast and dessert in one! 18.45

QUINOA PANCAKES

Our multigrain pancakes loaded with sliced banana, toasted slivered almonds, and quinoa 17.45

LUMBERJACK PANCAKES

Our buttermilk pancakes topped with two eggs any style, bacon strips, and sausage links 18.95

MULTIGRAIN PANCAKES

Hearty pancakes made with wheat, oats, bran, and buckwheat 13.45

GLUTEN FREE PANCAKES

Cornmeal recipe griddle cakes 13.45

OMELETTES

Served w/ home fries and toast. Substitute pancakes +4.25
Substitute Gluten free or organic sprouted grain toast +1.95

WILD WESTERN

Mushrooms, sharp cheddar cheese, ham, bell peppers, onions 15.45

MEXICAN OMELETTE

Jalapeño peppers, onions, sharp cheddar cheese, with tortilla chips and salsa 14.45

COLORADO

Ham, bacon, sausage, cheddar-jack cheese 17.45

FLORENTINE

Fresh spinach, feta cheese 15.45

ALPINE

Bacon, swiss cheese, mushrooms, onions 15.45

MEDITERRANEAN

Feta cheese, spinach, tomatoes, onions, mushrooms 16.45

EGG SANDWICHES

Substitute Gluten-Free Bread, Bun, or Wrap +1.95

HEALTHY EGG SANDWICH

Egg whites, spinach, apple, avocado, sprouted grain toast, spring mix 14.45

NJ SANDWICH

Taylor ham, fried eggs, American cheese, kaiser roll 8.45

BREAKFAST SLIDERS

Buttermilk biscuits, scrambled egg, American cheese, bacon, french fries 16.45

FARMERS BREAKFAST WRAP

Eggs, sausage, bacon, ham, peppers, onions, American served with home fries 14.45

BANDITO BURRITO

Scrambled eggs, chorizo, onion, tomato, jalapeño, cheddar jack, topped with ranchero sauce, served with home fries 17.45

SMOKED SALMON DELUXE

Red onions, tomatoes, capers, olives, toasted bagel, cream cheese 20.45

BREAKFAST SIDES

HOUSE-MADE CORNEBEEF HASH 10.45

TURKEY BACON 8.45 | CANADIAN BACON 7.45

TURKEY SAUSAGE 8.45

SAUSAGE PATTIES 7.45

CHORIZO SAUSAGE 8.45

BACON STRIPS 7.45 | SAUSAGE LINKS 7.45

VIRGINIA HAM 8.45 | TAYLOR HAM 7.45

NEW BISCUITS WITH SAUSAGE GRAVY 9.45

HOMEFRIES 7.45

Mexican Omelette



SANTA FE OMELETTE

Grilled chicken, jalapeño, turkey bacon, onions, tomatoes, salsa, sour cream 18.45

BODY BUILDER

Egg whites, broccoli, mushrooms, chicken, tomatoes, onions 18.45

ITALIAN OMELETTE

Sausage, mozzarella, tomatoes, mushrooms 15.45

LIGHT OMELETTE

Egg whites, mushrooms, onions, broccoli, tomatoes 16.45

AMERICAN CLASSIC

Diced ham, american cheese 14.45

NEW YORK

Smoked salmon, onions 19.45

CHICKEN FAJITA OMELETTE

Marinated chicken, onions, peppers, shredded cheese topped with salsa, guacamole, sour cream, chili hash browns 18.45



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